



(R) REST

E ENVIRONMENT

ACTIVITY

TRUST

INTERPERSONAL RELATIONSHIPS

O OUTLOOK

NUTRITION

CREATION HEALTH FAMILY SEMINAR

8 WAYS TO IMPROVE YOUR HEALTH AND HAPPINESS

Come learn what it means to live CREATION Healthy by attending our CREATION Health Family Seminar. Bring your kids and experience the eight timeless principles of whole-person health. Take an in-depth look into each one and learn ways to live a happier, healthier life!

DATE(S):

TIME:

LOCATION:

ADDITIONAL INFORMATION:

Creation°

H E A L T H

CREATIONHealth.com